

Introduction

Warfarin, a vitamin K antagonist (VKA), is a commonly used anticoagulant for patients at risk of arterial or venous thromboembolism. It is effective in the prevention and treatment of a wide range of thrombotic disorders. However, warfarin-associated major bleeding arises in 1-3% of patients annually.¹

Patients on warfarin with bleeding or who require urgent surgery should receive prompt management. Clinical decisions must balance the risk of bleeding versus the risk of thromboembolism.

A range of therapeutic options exist to reverse the anticoagulant effect of warfarin, including dose modification, vitamin K administration and urgent reversal using a prothrombin complex concentrate (PCC).

In response to the introduction of a four-factor PCC, the Thrombosis & Haemostasis society of Australia and New Zealand (THANZ) revised their recommendations for the urgent reversal of warfarin in 2024², aligning practice to international guidelines.

Change to urgent warfarin reversal management with 4FPCC

In New Zealand, the 4FPCC available is BERIPLEX® NZ, containing factors II, VII, IX and X. For urgent warfarin reversal, THANZ guidelines² advise:

- The addition of factor VII in BERIPLEX® NZ removes the need for co-administration of fresh frozen plasma (FFP)
- Vitamin K administration is still indicated to achieve a more sustained reversal

In emergency warfarin reversal, 4-factor PCCs have greater than three times the odds of achieving the goal international normalized ratio (INR)³ than 3-factor PCCs.

Significant increases in vitamin K dependent factors occur within five minutes of infusion.⁴

Comparison of 3FPCC and 4FPCC

Table 1. Comparison of warfarin reversal with 3FPCC (PROTHROMBINEX® VF) versus 4FPCC (BERIPLEX® NZ)

	Previously published guidelines: 3FPCC (Prothrombinex-VF)	New guidelines: 4FPCC (Beriplex)
Management of patients on warfarin therapy with bleeding	<ul style="list-style-type: none"> • Co-administration of FFP in addition to Prothrombinex-VF • INR ≥ 2 with clinically significant bleeding: 35-50 IU/kg IV Prothrombinex-VF 	<ul style="list-style-type: none"> • No requirement for additional administration of FFP • INR ≥ 2 with clinically significant bleeding: 25-50 IU/kg IV Beriplex[#]
Management of non-bleeding patients on warfarin (e.g. before urgent surgery)	Unchanged	Unchanged

[#] In patients > 100 kg, the dose of BERIPLEX® NZ is calculated based on a capped 100 kg body weight and **maximum dose of 50 IU/kg** (i.e., the maximum absolute dose is 5000 IU).

Source: Updated recommendations for warfarin reversal in the setting of four-factor prothrombin complex concentrate (2024) on behalf of Thrombosis & Haemostasis society of Australia and New Zealand (THANZ).

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4FPCC to reverse warfarin: bleeding present

Table 2. Management of patients on warfarin therapy with bleeding

Clinical setting	Recommendations
INR ≥ 1.5 with life threatening or critical organ bleeding	Omit warfarin therapy and administer: <ul style="list-style-type: none"> • Vitamin K 5.0-10.0 mg IV; and • 4FPCC 50 IU/kg^{**}
INR ≥ 2.0 with clinically significant bleeding (not life-threatening)	Omit warfarin therapy and administer: <ul style="list-style-type: none"> • Vitamin K 5.0-10.0 mg IV; and • 4FPCC 25-50 IU/kg[#] based on INR and patient level factors (e.g. type of bleeding, need and ability to undergo intervention)
Any INR with minor bleeding	<ul style="list-style-type: none"> • Omit warfarin • Repeat INR and adjust warfarin dose to maintain INR in the target therapeutic range • If bleeding risk is high or INR > 4.5, consider vitamin K (1.0-2.0 mg orally, or 0.5-1.0 mg IV)

^{**}Consider administering a 4FPCC dose < 50.0 IU/kg when INR 1.5-1.9.

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4FPCC to reverse warfarin: before surgery

Table 3. Suggested 4FPCC[#] dosing for warfarin reversal in non-bleeding patients (e.g. before surgery[^])

Target INR	Initial international normalised ratio (INR)			
	1.5-2.5	2.6-3.5	3.6-10.0	> 10.0
0.9-1.3	30 IU/kg	35 IU/kg	50 IU/kg	50 IU/kg
1.4-2.0	15 IU/kg	25 IU/kg	30 IU/kg	40 IU/kg

[^]Outside of the peri-operative setting, 4FPCC use should only be considered if INR >10 and there is a high risk of bleeding.

[#] In patients > 100 kg, the dose of BERIPLEX® NZ is calculated based on a capped 100 kg body weight and **maximum dose of 50 IU/kg** (i.e., the maximum absolute dose is 5000 IU).

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For patients on long-term warfarin who urgently or emergently require reversal of warfarin therapy before an invasive procedure, please dose BERIPLEX® NZ according to Table 3. If BERIPLEX® NZ is not available, transfuse 10-15 mL/kg of plasma.

For elective and non-urgent procedures, please consult with haematology and/or anaesthesia as per local policy about the appropriateness of continuing warfarin therapy or using bridging anticoagulation during the periprocedural period.